



Test Bank - Chapter 01

19 questions

01 MULTIPLE CHOICE

A patient being admitted to the hospital asks, "What is the role of a nurse?" Which response would the nurse provide?

- ☒ (A) "Nurses care for you while you are sick, but also help you plan to maintain your health." ✓
 - ☐ (B) "The nurse administers medications and other treatments prescribed by your physician."
 - ☐ (C) "The nurse's job is to collect information and communicate any problems that occur to the physician."
 - ☐ (D) "Nurses perform many of the same procedures as the physician, but nurses stay with the patients for a longer time."
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02 MULTIPLE CHOICE

Which statement by the nurse accurately describes the use of evidence-based practice (EBP)?

- ☐ (A) "Patient care is based on the healthcare professional's experience and traditions."
 - ☐ (B) "Data are analyzed later to show that the patient outcomes are consistently met."
 - ☐ (C) "Research from all internet sources are used as a guide for planning patient care."
 - ☒ (D) "Plans for care are based on research, clinical expertise, and patient preferences." ✓
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03 MULTIPLE CHOICE

Which statement by the nurse provides a clear explanation of the nursing process?

- ☐ (A) "The nursing process is a research method of diagnosing the patient's health care problems."
 - ☐ (B) "The nursing process is a theory that incorporates the biopsychosocial nature of humans."
 - ☒ (C) "The nursing process is a problem-solving tool used to manage patients' health care needs." ✓
 - ☐ (D) "The nursing process is used primarily to explain nursing interventions to other health care professionals."
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04

MULTIPLE CHOICE

A patient admitted to the hospital for surgery tells the nurse, "I do not feel comfortable leaving my children with my parents." Which action would the nurse take **next**?

- (A) Reassure the patient that these feelings are common for parents.
- (B) Have the patient call the children to ensure that they are doing well.
- (C) Gather information on the patient's concerns about the child care arrangements.**
- (D) Call the patient's parents to determine whether safe child care is being provided.

✓

05

MULTIPLE CHOICE

Which statement describes the purpose of the evaluation phase of the nursing process?

- (A) To document the nursing care plan in the progress notes of the health record
- (B) To determine if interventions have been effective in meeting patient outcomes**
- (C) To establish if the patient agrees that the nursing care provided was satisfactory
- (D) To decide whether the patient's health problems have been completely resolved

✓

06

MULTIPLE CHOICE

Which statement describes the purpose of the assessment phase of the nursing process?

- (A) To teach interventions that relieve health problems
- (B) To use patient data to evaluate patient care outcomes
- (C) To obtain data to diagnose patient strengths and problems**
- (D) To help the patient identify realistic outcomes for health problems

✓

When developing the plan of care, which components would the nurse include in the clinical problem statement?

- ☒ (A) The problem, its causes, and the signs and symptoms ✓
 - (B) The problem and the suggested patient goals or outcomes
 - (C) The problem, its pathophysiology, and the expected outcome
 - (D) The problem with the possible etiology and the planned interventions
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Which patient care task would the nurse delegate to experienced assistive personnel (AP)?

- (A) Instruct the patient about the need to alternate activity and rest.
 - (B) Monitor level of shortness of breath or fatigue after ambulation.
 - ☒ (C) Obtain the patient's blood pressure and pulse rate after ambulation. ✓
 - (D) Determine whether the patient is ready to increase the activity level.
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A nurse is caring for a group of patients on the medical-surgical unit with the help of one float registered nurse (RN), one assistive personnel (AP), and one licensed practical/vocational nurse (LPN/VN). Which assignment, if delegated by the nurse, would be outside that individual's scope of practice?

- ☒ (A) Check for the presence of bowel sounds by AP ✓
 - (B) Administration of oral medications by LPN/VN
 - (C) Insulin administration by float RN from the pediatric unit
 - (D) Measurement of a patient's urinary catheter output by AP
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10 MULTIPLE CHOICE

Which task is appropriate for the nurse to delegate to a licensed practical/vocational nurse (LPN/VN)?

- (A) Complete the initial admission assessment and plan of care.
 - ☒ (B) Measure bedside blood glucose before administering insulin. ✓
 - (C) Document teaching completed before a diagnostic procedure.
 - (D) Instruct a patient about low-fat, reduced sodium dietary restrictions.
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11 MULTIPLE CHOICE

A nurse is assigned as a case manager for a hospitalized patient who has a spinal cord injury. Which activity can the patient expect the nurse in this role to perform?

- (A) Care for the patient during hospitalization for the injuries.
 - (B) Assist the patient with home care activities during recovery.
 - ☒ (C) Coordinate the services the patient receives in the hospital and at home. ✓
 - (D) Determine what medical care the patient needs for optimal rehabilitation.
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12 MULTIPLE CHOICE

The nurse is caring for an older adult patient who needs continued nursing care and physical therapy to improve mobility after surgery to repair a fractured hip. The nurse would help to arrange for transfer of the patient to which type of facility?

- (A) A skilled care facility
 - ☒ (B) A transitional care facility ✓
 - (C) A residential care facility
 - (D) An intermediate care facility
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13 MULTIPLE CHOICE

A home care nurse is planning care for a patient who has just been diagnosed with type 2 diabetes. Which task would the nurse delegate to the home health aide?

- (A) Assist the patient to plan a nutritious diet.
 - ☒ (B) Help the patient with a daily bath and oral care.
 - (C) Check the patient's feet for signs of breakdown.
 - (D) Teach the patient how to monitor blood glucose.
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14 MULTIPLE CHOICE

The nurse is providing education to nursing staff on quality care initiatives. Which statement is an accurate description of the impact of health care financing on quality care?

- ☒ (A) "Third-party payment for patient care is primarily based on clinical outcomes."
 - (B) "It is not nursing's responsibility to monitor the quality of care delivered by others."
 - (C) "If a patient develops a catheter-related infection, the hospital receives more funding."
 - (D) "Hospitals are reimbursed for all costs incurred if care is documented electronically."
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15 MULTIPLE CHOICE

The nurse documenting the patient's progress in the electronic health record is demonstrating competency in which area?

- (A) Patient-centered care
 - (B) Quality improvement
 - (C) Evidence-based practice
 - ☒ (D) Informatics and technology
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The nurse is calling a health care provider about a patient's change in status. Which statement by the nurse is an example of the background step of the Situation-Background-Assessment-Recommendation (SBAR) technique?

- (A) "I would like you to order IV fluids and lab tests and come evaluate the patient as soon as possible."
 - (B) "This is Nurse XX. I am calling from the unit because your patient, XX, has just vomited bright red blood."
 - (C) "The vomiting started about 10 minutes ago. The patient's heart rate is 120; BP 90/60. The patient reports feeling dizzy."
 - ☒ (D) "Patient XX, who is 1 day postoperative for a bowel resection for malignancy, has a history of myocardial infarction 2 years ago."
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Which information will the nurse consider when deciding what nursing actions to delegate to a licensed practical/vocational nurse (LPN/VN) who is working on a medical-surgical unit? (*Select all that apply.*)

- ☒ (A) Agency policies
 - ☒ (B) Stability of the patients
 - ☒ (C) State nurse practice act
 - ☒ (D) LPN/VN teaching abilities
 - ☒ (E) Experience of the LPN/VN
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18 MULTIPLE CHOICE (MULTI-ANSWER)

Which actions by the nurse administering medications are consistent with promoting safe delivery of patient care? (*Select all that apply.*)

- ☒ (A) Discards a medication that is not labeled. ✓
 - ☒ (B) Uses hand sanitizer before preparing a medication. ✓
 - ☒ (C) Identifies the patient by the room number on the door. ✓
 - ☒ (D) Checks laboratory test results before administering a diuretic. ✓
 - ☒ (E) Gives the patient a list of current medications upon discharge. ✓
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19 MULTIPLE CHOICE (MULTI-ANSWER)

Which actions by a nurse would demonstrate an aspect of nursing clinical judgment? (*Select all that apply.*)

- ☒ (A) Identifying priority problems ✓
- ☒ (B) Noticing a change in patient status ✓
- ☒ (C) Memorizing the steps of a procedure ✓
- ☒ (D) Assessing data about a patient situation ✓
- ☒ (E) Generating possible solutions to a patient problem ✓
- ☒ (F) Making decisions based on the implications of a patient's situation ✓