

Fundamentals of Nursing (Two Volume Set) 3rd Edition Test Bank

Chapter 1. Evolution of Nursing Thought & Action

MULTIPLE CHOICE

1. Which of the following is an example of an illness prevention activity?
 - a. Encouraging the use of a food diary
 - b. Joining a cancer support group
 - c. Administering immunization for HPV
 - d. Teaching a diabetic patient about his diet

ANS: C

Administering immunization for HPV is an example of illness prevention. Although cancer is a disease, it is assumed that a person joining a support group would already have the disease; therefore, it would be treatment and not disease prevention. Illness prevention activities focus on avoiding a specific disease. A food diary is a health promotion activity. Teaching a diabetic patient about diet is a treatment for diabetes; the patient already has diabetes, so the teaching cannot prevent diabetes.

Difficulty: Moderate

Client Need: Health Promotion and Maintenance

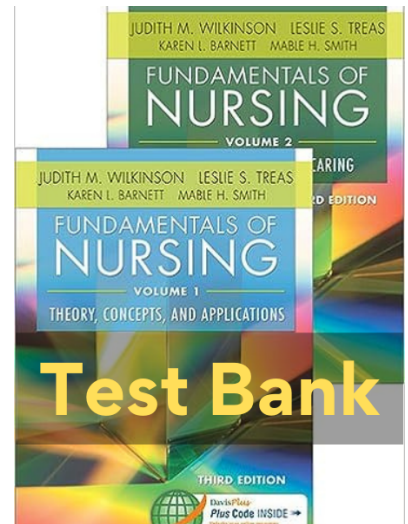
Cognitive Level: Application

Page 15

PTS: 1

2. Which organization can require nurses to take continuing education courses as a condition of licensure renewal?
 - a. American Nurses Association
 - b. National League for Nursing
 - c. Sigma Theta Tau
 - d. State Board of Nursing

ANS: D



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Continuing education is a professional strategy designed to ensure that nurses remain current in their clinical knowledge. Many states require nurses to engage in a certain number of continuing-education requirements to renew their license. The knowledge gained in the nursing curriculum is sufficient for nursing school graduates to obtain their initial license. Requirements for renewal of a nurse's license can be found in the state's nurse practice act (state board of nursing).

Difficulty: Difficult

Cognitive Level: Analysis

Client Need: Health Promotion and Maintenance

Cognitive Level: Application

Page 11

PTS: 1

3. An experienced seasoned nurse uses her knowledge of patient medical conditions and intuition to identify patient problems. She is often the resource for other nurses on the unit. What stage of proficiency has this nurse achieved?
- Novice
 - Advanced beginner
 - Competent
 - Expert

ANS: D

The nurse who has reached the expert stage of proficiency has a deep understanding of the clinical situation based on knowledge and experience. The nurse often senses a potential problem in the absence of classic signs and symptoms. The novice nurse is inexperienced and relies on rules and processes. The advanced beginner focuses on aspects of a situation and is unable to see the comprehensive perspective. A nurse functioning at the competent level is able to prioritize to meet the patient needs but does not fully grasp the total situation.

Difficulty: Moderate

Cognitive Level: Comprehension

Pages 11-12

PTS: 1

4. Which of the following best explains the importance of standards of practice?
- Nurses and other healthcare providers have the same standards of practice.
 - Standard of practice only apply to nurses who work in hospital settings.
 - Standards of practice identify the knowledge, skills, and attitudes nurses need to provide safe care.
 - Standards of practice differ among registered nurses because the roles are different based on the population they serve.

ANS: C

Standards of practice are authoritative statements of the duties that all registered nurses, regardless of role, population, or specialty, are expected to perform competently. Standards are derived from several sources, including professional organizations and healthcare facilities' policies and procedures.

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Difficulty: Moderate
Cognitive Level: Application
Pages 12-13

PTS: 1

5. What is the primary goal of the National League for Nursing?
- Advocate for the needs of registered nurses to promote patient safety
 - Establish and maintain standards for nursing education
 - Support global health policies and improve health worldwide
 - Foster nursing scholarship, leadership, and service to improve health worldwide

ANS: B

The National League for Nursing (NLN) was founded to establish and maintain a universal standard of nursing education. The NLN focuses on faculty development in nursing education programs and is the voice for nursing education.

Difficulty: Moderate
Cognitive Level: Application
Page 14

PTS: 1

6. A patient who requires long-term rehabilitation needs which type of care?
- Primary care
 - Secondary care
 - Tertiary care
 - Preventive care

ANS: C

Tertiary care is required for individuals who need long-term care or for those who are dying.

Difficulty: Easy
Cognitive Level: Knowledge
Page 18

PTS: 1

7. An elderly patient is covered under Medicare. She is scheduled for discharge and tells the nursing student that several therapists will come to her home to help her regain functional abilities. The patient then asks, "Why can't I just stay in the hospital and receive this type of care?" What is the nursing student's best response?
- "You should be able to stay in the hospital. I will ask the nurse to call your doctor."
 - "Once you have reached your reimbursable length of stay and your condition is stable, it is more cost effective to provide you with home healthcare."
 - "Medicare is a type of managed care, which mean that you are only allowed to stay in the hospital for a certain number of days before being discharged, regardless of your condition."
 - "You should be glad to be in your own home. You will recover in no time."

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ANS: B

Home healthcare services are provided to patients who still require skilled care but are discharged from the hospital because the reimbursable length-of-stay has expired. The patient is stable and can receive provider services at home. It would be incorrect and misleading to tell the patient she “should be able to stay in the hospital.” It would be incorrect to tell the patient she is allowed only “a certain number of days before being discharged,” because the patient’s condition is a factor in determining whether the patient can be discharged from the hospital. Telling the patient that she should be glad to be going home is a form of closed communication and does not address her question.

Difficulty: Moderate

Cognitive Level: Application

Pages 15-17

PTS: 1

8. Which of the following is the most important reason to develop a definition of nursing?
- Recruit more informed people into the nursing profession
 - Evaluate the degree of role satisfaction
 - Dispel the stereotypical images of nurses and nursing
 - Differentiate nursing activities from those of other health professionals

ANS: D

Nursing organization leaders think it is important to develop a definition of nursing to bring value and understanding to the profession, differentiate nursing activities from those of other health professionals, and help student nurses understand what is expected of them. A definition of nursing likely would not increase the number of informed people recruited into nursing. A definition of nursing would do little to improve the nurse’s role satisfaction. Although a definition of nursing might contribute to fighting stereotypes of nursing, other, more powerful influences (e.g., media portrayals), exist to counteract it.

Difficulty: Easy

Cognitive Level: Knowledge

Page 8

PTS: 1

9. Which of the following provides evidence-based support for the contribution that advanced practice nurses (APNs) make within healthcare?
- Reduced usage of diagnostics using advanced technology
 - Decreased number of unnecessary visits to the emergency department
 - Improved patient compliance with prescribed treatments
 - Increased usage of complementary and alternative therapies

ANS: C

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Studies demonstrate that APNs have improved patient outcomes over those of physicians, including increased patient understanding and cooperation with treatments and decreased need for hospitalizations. No well-known, scientific studies support APNs' effect on the use of advanced technology. No well-known, scientific studies support APNs' effect on the frequency of emergency department visits. No well-known, scientific studies support APNs' effect on the use of alternative therapies.

Difficulty: Moderate
Cognitive Level: Knowledge
Page 28

PTS: 1

10. Which of the following is an example of a complementary and alternative form of treatment or medicine?
- a. Herbal medicines
 - b. Sterile dressing changes
 - c. Pain medications
 - d. Influenza (flu) vaccine

ANS: A
Complementary and alternative medicine (CAM) includes those treatments outside of traditional medicine. Sterile dressings, pain medications, and influenza vaccines are traditional treatments. The use of herbs and spices are common CAM treatments.

Difficulty: Moderate
Cognitive Level: Comprehension
Page 27

PTS: 1

11. A nurse working in a rehabilitation facility has a physician's prescription to contact other therapists as required by patient need. A patient has started to have difficulty with bathing and grooming. Which therapist should the nurse contact to assist the patient to regain these skills?
- a. Physical therapist
 - b. Occupational therapist
 - c. Speech-language pathologist
 - d. Respiratory therapist

ANS: B
Occupational therapists help patients to regain and maintain function and independence with activities of daily living, such as dressing, bathing, and grooming.

Difficulty: Moderate
Cognitive Level: Application
Page 19

PTS: 1

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12. An older adult has type 1 diabetes. He can perform self-care activities but needs help with shopping and meal preparation as well as with blood glucose monitoring and insulin administration. Which type of healthcare facility would be most appropriate for him?
- Acute care facility
 - Ambulatory care facility
 - Extended care facility
 - Assisted living facility

ANS: D

Assisted living facilities are intended for those who are able to perform self-care activities but who require assistance with meals, housekeeping, or medications. Acute care facilities focus on preventing illnesses and treating acute problems. These facilities include physicians' offices, clinics, and diagnostic centers. Ambulatory care facilities provide outpatient care. Clients live at home or in nonhospital settings and come to the site for care. Ambulatory care facilities include private health and medical offices, clinics, surgery centers, and outpatient therapy centers. Extended care facilities typically provide long-term care, rehabilitation, wound care, and ongoing monitoring of patient conditions.

Difficulty: Easy

Client Need: Safe and Effective Nursing Care

Cognitive Level: Application

Pages 15-17

PTS: 1

13. The nurse in the intensive care unit is providing care for only one patient, who was admitted in septic shock. Based on this information, which care delivery model can you infer that this nurse is following?
- Functional
 - Primary
 - Case method
 - Team

ANS: C

The nurse is following the case method model of nursing care. In this model, one nurse cares for one patient during a single shift. When the functional nursing model is employed, care is compartmentalized, and each task is assigned to a staff member with the appropriate knowledge and skills. In primary nursing, one nurse plans the care for a group of patients around the clock. The primary nurse assesses the patient and develops the plan of care. When he or she is working, he or she provides care for those patients for whom he or she is responsible. In his or her absence, the associate nurses deliver care. Although the nurse in this case could possibly be a primary nurse, there are not enough data to confidently infer that. If the team nursing approach is employed, a licensed nurse (RN or LVN) is paired with a nursing assistant. The pair is then assigned to a group of patients.

Difficulty: Moderate

Nursing Process: Implementation

Client Need: Safe and Effective Nursing Care

Cognitive Level: Analysis

Page 15

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PTS: 1

14. Which healthcare worker should the nurse consult to counsel a patient about financial and family stressors impacting healthcare?
- Social worker
 - Occupational therapist
 - Physician's assistant
 - Technologist

ANS: A

The social worker coordinates services and counsels patients about financial, housing, marital, and family issues impacting healthcare. The occupational therapist helps patients regain function and independence for activities of daily living. Physician's assistants work under the physician's direction to diagnose certain diseases and injuries. Technologists provide a variety of specific functions in hospitals, diagnostic centers, and emergency care. For example, laboratory technologists aid in the diagnosis and treatment of patients by examining blood, urine, tissue, and body fluids. Radiology technologists perform x-rays and other diagnostic testing.

Difficulty: Moderate

Nursing Process: Planning

Client Need: Safe and Effective Nursing Care

Cognitive Level: Comprehension

Pages 18-19

PTS: 1

15. Which type of managed care allows patients the greatest choice of providers, medications, and medical devices?
- Health maintenance organization
 - Integrated delivery network
 - Preferred provider organization
 - Employment-based private insurance

ANS: C

Preferred provider organizations are a form of managed care that allows the patient a greater choice of providers, medications, and medical devices within the designated list. Health maintenance organizations allow the patient to choose a primary care provider within the organization to coordinate his care. This type of program will only reimburse medical care when the patient has first obtained a referral from the primary provider. Integrated delivery networks combine providers, healthcare facilities, pharmaceuticals, and services into one system, and the patient must remain within the system to receive care. Employment-based private insurance is not a managed care organization.

Difficulty: Easy

Client Need: Safe and Effective Nursing Care

Cognitive Level: Analysis

Pages 23-24

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PTS: 1

16. The registered nurse is discharging a patient to an assisted living facility. Which instruction below is most appropriate for the patient?
- “Therapists will be working with you daily to ensure that you regain functional abilities.”
 - “You will have 24-hour nursing care for the next 6 weeks.”
 - “You will have assistance with meals and housekeeping tasks.”
 - “A nurse will come to your home and provide you with nursing care.”

ANS: C

Assisted living facilities are designed to bridge the gap between independence and institutionalization for persons who have a decline in health status. The assistance available will vary based on the facility but commonly involves meals and housekeeping tasks. Hospitals provide 24-hour nursing care. Rehabilitation centers have a team of therapists who work with patients to help them achieve their optimal functional status.

Difficulty: Moderate

Nursing Process: Planning

Client Need: Safe and Effective Nursing Care

Cognitive Level: Application

Page 17

PTS: 1

17. Which member of the healthcare team typically serves as the case manager?
- Occupational therapist
 - Physician
 - Physician’s assistant
 - Registered nurse

ANS: D

Typically, registered nurses serve as case managers for patients with specific diagnoses. Their role is coordinator of care across the healthcare system. The occupational therapist, physician, and physician’s assistant all serve on the healthcare team and take direction from the case manager.

Difficulty: Easy

Client Need: Safe and Effective Nursing Care

Cognitive Level: Knowledge

Page 24

PTS: 1

18. Which of the following is considered a primary care service?
- Providing wound care
 - Administering childhood immunizations
 - Providing drug rehabilitation
 - Providing outpatient hernia repair

ANS: B

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Primary care services focus on health promotion and disease prevention; administering childhood immunizations is one such service. Providing wound care and drug rehabilitation are examples of tertiary care services. Outpatient hernia repair surgery is an example of a secondary care service.

Difficulty: Moderate

Client Need: Safe and Effective Nursing Care

Cognitive Level: Application

Page 18

PTS: 1

19. An 80-year-old patient fell and fractured her hip and is now in the hospital. Before the fall, she lived at home with her husband and managed their activities of daily living very well. The goal is for the patient to recover from the injury and return to her home. The hospital is ready to discharge her because she has exceeded the recommended length of stay in a hospital. However, she cannot walk or care for herself yet, and she will require lengthy physical therapy and further monitoring of her medications and her physical and mental status. To which type of facility should she be transferred?
- a. Nursing home
 - b. Rehabilitation center
 - c. An outpatient therapy center
 - d. None of these; she should receive home healthcare**

ANS: B

A skilled nursing facility (e.g., a rehabilitation center) primarily provides skilled nursing care for patients who can be expected to improve with treatment. For example, a patient who no longer needs hospitalization may transfer to a skilled nursing facility to receive skilled care until she is able to return home. A nursing home provides custodial care for people who cannot live on their own but who are not sick enough to require hospitalization. It provides a room, custodial care, and opportunity for recreation. This patient cannot ambulate or perform activities of daily living, so outpatient therapy and home care would not be appropriate.

Difficulty: Moderate

Nursing Process: Implementation

Client Need: Safe and Effective Nursing Care

Cognitive Level: Application

Pages 15-17

PTS: 1

20. Which of the following best describes the legal definition of a nurse? Assume all education programs are accredited.
- a. Graduate of a nursing education program and has passed the National Council Licensure Exam
 - b. Person with advanced training and certified to administer medications in most healthcare settings
 - c. Graduate licensed to practice in an acute care setting or a home care environment
 - d. Graduate with advanced education licensed to practice under the direct supervision of a physician

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ANS: A

The best legal description of the nurse is one who has graduated from an accredited nursing education program and has passed the NCLEX exam. Persons certified to administer medications may be certified medication technicians and not necessarily nurses. Additionally, nurses can practice in a vast array of areas, not exclusively in an acute care setting or in home care. Practicing under the direct supervision of a physician is descriptive of a physician's assistant.

Difficulty: Easy

Client Need: Safe and Effective Nursing Care

Cognitive Level: Knowledge

Page 9

PTS: 1

21. A nurse who has been practicing for 3 years in an acute care facility is caring for a post-hip surgery patient. The nurse observes an abnormal change in vital signs and associates these changes with a postoperative bleeding problem. The nurse is demonstrating which proficiency level?
- Advanced beginner
 - Competent
 - Proficient
 - Expert

ANS: B

The nurse is demonstrating competency (competent) level as evidenced by associating abnormal changes in vital signs with postoperative bleeding. Additionally, this nurse has been practicing for 3 years, which is within the range needed for the competency proficiency level. The advanced beginner can distinguish abnormal findings but cannot readily understand their significance. The proficient nurse recognizes problems but will immediately gather resources to initiate treatment; there is no evidence in the scenario that the nurse took any actions. The expert can often recognize a problem in the absence of signs and symptoms.

Difficulty: Moderate

Client Need: Safe and Effective Nursing Care

Cognitive Level: Comprehension

Page 11

PTS: 1

22. In the United States, each state enacts its own nurse practice acts. Which agency is responsible for nurse practice acts?
- The American Nurses Association
 - Institute of Medicine
 - State Board of Nursing
 - National League for Nursing

ANS: C