

Chapter 3. Health Promotion

Multiple Choice

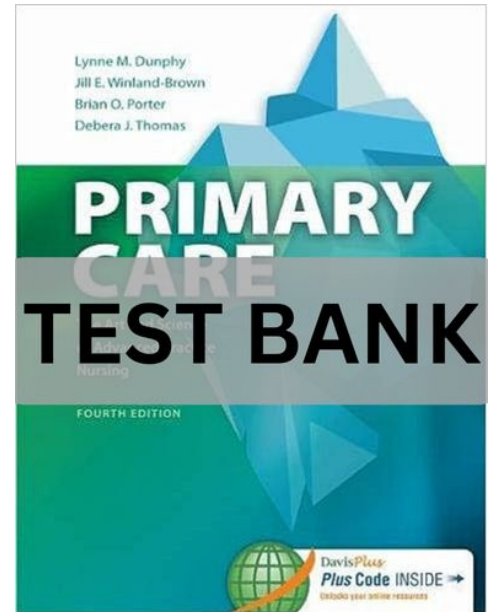
Identify the choice that best completes the statement or answers the question.

- _____ 1. Which of the following is a primary prevention measure for a 76-year-old man newly diagnosed with a testosterone deficiency?
- Calcium supplementation
 - Testicular self-examination
 - Bone density test
 - Digital rectal examination
- _____ 2. Which of the following is an example of secondary prevention in a 50-year-old woman?
- Yearly mammogram
 - Low animal fat diet
 - Use of seat belt
 - Daily application of sunscreen
- _____ 3. Which of the following is an example of tertiary prevention in a patient with chronic renal failure?
- Fluid restriction
 - Hemodialysis 4 days a week
 - High-protein diet
 - Maintenance of blood pressure at 120/80
- _____ 4. Immunizations are an example of which type of prevention?
- Primary
 - Secondary
 - Tertiary

True/False

Indicate whether the statement is true or false.

- _____ 1. Prevalence is the number of new cases of a particular disease.
- _____ 2. The number of cases of a particular disease for the past 5 years is an example of the incidence rate.
- _____ 3. “There are 1,185,000 cases of HIV/AIDS in the United States” is an example of the morbidity rate.



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- _____ 4. *Endemic* is the term used when the presence of an event is constant.
- _____ 5. The “bird” flu of 2005 to 2006 is considered a sporadic outbreak.
- _____ 6. A pandemic affects many communities in a short period of time.

Chapter 3. Health Promotion
Answer Section

MULTIPLE CHOICE

- | | |
|-----------|--------|
| 1. ANS: A | PTS: 1 |
| 2. ANS: A | PTS: 1 |
| 3. ANS: B | PTS: 1 |
| 4. ANS: A | PTS: 1 |

TRUE/FALSE

- | | |
|-----------|--------|
| 1. ANS: F | PTS: 1 |
| 2. ANS: F | PTS: 1 |
| 3. ANS: T | PTS: 1 |
| 4. ANS: T | PTS: 1 |
| 5. ANS: F | PTS: 1 |
| 6. ANS: T | PTS: 1 |

Chapter 5. Evidence-Based Care

Multiple Choice

Identify the choice that best completes the statement or answers the question.

- _____ 1. Which of the following are parts of evidence-based practice?
- a. Clinician
 - b. Patient
 - c. Evidence
 - d. All of the above
- _____ 2. Which is the most important question to ask in nursing research?
- a. What findings constitute evidence?
 - b. How will the findings be used?
 - c. Is this a randomized controlled trial?
 - d. What theory is being utilized?
- _____ 3. Nursing research should be utilized by:
- a. Nurses at the bedside
 - b. Advanced practice nurses
 - c. Nurse researchers
 - d. Nurses at all levels of practice
- _____ 4. Applying evidence at the point of care requires:
- a. Readily available evidence-based resources
 - b. Ability to review research literature
 - c. Single articles in journals