



1. Health may be defined as which of the following?
 - A) Being disease free
 - B) Having fulfilling relationships
 - C) Having a clean drinking source and nutritious food
 - D) Being connected in body, mind, and spirit
2. Which of the following characteristics would an effective nurse have?
 - A) Sensitivity to cultural differences
 - B) Mainly team nursing approach
 - C) Strict adherence to routine
 - D) One set cultural practice
3. What is the most common type of health problem seen in the health care system?
 - A) Poor prenatal care
 - B) Lack of information available to clients
 - C) Immobility
 - D) Increased rate of chronic disease
4. The need for self-fulfillment fits in which level of Maslow's Hierarchy of basic needs?
 - A) Physiologic
 - B) Safety and security
 - C) Love and belonging
 - D) Self-actualization
5. What has been the main focus of health care providers in the last 50 years?
 - A) Treatment of disease
 - B) Promotion
 - C) Prevention
 - D) Treatment of childhood disease
6. Which of the following is the best type of disease prevention?
 - A) Immunizations
 - B) Yearly physicals
 - C) Community social events
 - D) Behaviour that promotes health
7. Continuous Quality Improvement programs exist for what purpose?
 - A) To establish accountability on the part of health care professionals
 - B) To focus on the process used to provide care
 - C) To identify incidents rather than processes
 - D) To justify health care costs

8. The following principles are principles of the Canada Health Act except one. Which one is not?
- A) Universality
 - B) Portability
 - C) Appropriate technology
 - D) Public administration
9. Which of the following information sources is most important in the development of a clinical pathway?
- A) Current literature and professional expertise
 - B) Legal responsibilities of the health care institution
 - C) The health and wellness philosophy of the caregivers
 - D) Cost considerations of hospitals and health authorities
10. A nurse researcher is conducting a study about the effects of noise on client pain levels while hospitalized. The primary purpose of nursing research is to:
- A) involve clients in their care while hospitalized
 - B) contribute to the scientific base of nursing practice
 - C) draw conclusions about the quality of client care
 - D) explain ongoing medical studies to clients
11. Home health care is becoming one of the largest practice areas for nursing. What has contributed to this?
- A) Chronic nursing shortage
 - B) Focus on treatment of disease
 - C) Increase in hospital stays
 - D) More critically ill clients being released home
12. A nurse is practicing in an oncology clinic. The role of this nurse includes clinical practice, education, management, consultation, and research. Which of the following would most accurately describe this nurse's title?
- A) Midwife
 - B) Clinical nurse specialist
 - C) Independent practice nurse
 - D) General duty nurse
13. Which of the following would be an example of an interdisciplinary, advanced practice model?
- A) The nurse and the physician discussing and jointly making clinical decisions
 - B) The nurse accompanying the physician on rounds
 - C) The nurse making a referral on behalf of the client
 - D) The nurse attending an appointment with the client

14. The nurse is caring for a client dying of lung cancer. According to Maslow's Hierarchy of needs, which dimension of care is considered primary in importance when caring for a dying client?
- A) Spiritual
 - B) Social
 - C) Physiologic
 - D) Emotional
15. When prioritizing a client's care plan based on Maslow's Hierarchy of needs, the nurse's first priority would be:
- A) allowing the family to see a newly admitted client
 - B) ambulating the client in the hallway
 - C) administering pain medication
 - D) using two nurses to transfer the client
16. Which of the following statements best captures the way in which responsibility for health care is organized in Canada?
- A) The federal government is responsible for health care but normally consults with the provinces.
 - B) Health care is under federal jurisdiction, with daily operations delegated to the provinces.
 - C) The provinces are responsible for health care, but coordination on a federal level is necessary to ensure national policies.
 - D) Jurisdiction over health is shared equally between the provincial and the federal governments.
17. Which of the following events runs contrary to the principles of the Canada Health Act?
- A) A client is billed for his physiotherapy during his recovery from an ankle injury.
 - B) A woman from British Columbia is denied coverage in Alberta after she has moved there owing to a job transfer.
 - C) Health services are less accessible to a remote village in northern Saskatchewan than to residents living in Saskatoon.
 - D) Administrative responsibility for a province's health care system lies with a public body.
18. How are patterns of disease currently changing in Canada?
- A) Chronic diseases are declining as a result of primary health and health promotion.
 - B) Infectious diseases are more common than in the past owing to economic disparities.
 - C) Most noncommunicable diseases are being eradicated.
 - D) Some previously treatable conditions now have fewer treatment options.
19. For which of the following clients would a clinical pathway be most appropriate?
- A) A newly admitted client whose medical diagnosis is not yet confirmed
 - B) An elderly client who has just had open heart surgery

- C) A client who is receiving treatment for a rare hematologic disorder
 - D) A group of junior high school students who will be receiving sexual health education
20. Which of the following principles underlies case management?
- A) Cost containment supersedes individual client preferences.
 - B) Responsibility for meeting client needs rests with one person or team.
 - C) Case management is available only for certain common diagnoses and procedures.
 - D) A physician, designated as case manager, has ultimate responsibility for a client's care over time.
21. Which of the following factors has most contributed to the public's increasing demand for quality care?
- A) Many individuals' knowledge of health problems and health care has increased.
 - B) Health outcomes and overall life expectancy continue to decline in Canada.
 - C) Infectious diseases are more common than they were one to two generations earlier.
 - D) Cultural differences in Canadian society have heightened awareness of differing health practices.
22. The nurse has assumed 24-hour responsibility for the planning and implementation of the nursing care of a newly admitted client. She liaises with the family and the team of caregivers to ensure that communication and quality of care are optimized. What nursing care delivery model is most likely in place at Carla's workplace?
- A) Community-based nursing
 - B) Primary nursing
 - C) Advanced nursing practice
 - D) Team nursing
23. A nurse practitioner provides care in an isolated community in the Northwest Territories and rarely has additional professionals to consult with or refer to. Which of the following actions is most likely beyond the nurse's scope of practice?
- A) Adjusting the dosage of a client's antihypertensives
 - B) Interpreting the results of a client's abdominal radiograph
 - C) Diagnosing a child with otitis media
 - D) Performing a lumbar puncture on a client to reduce cerebrospinal fluid pressure
24. Which of the following groups played a salient role in the early provision of nursing care in Canada?
- A) Roman Catholic nuns
 - B) British military medics
 - C) Aboriginals
 - D) Laypeople

25. Which of the following is an integral component of evidence-based practice?
- A) Safe and appropriate client-nurse ratios
 - B) Commitment to quality care by health institutions and government
 - C) Valid and current research
 - D) Adequate health promotion and primary health initiatives

Answer Key

1. D
2. A
3. D
4. D
5. A
6. D
7. B
8. C
9. A
10. B
11. D
12. B
13. A
14. C
15. C
16. C
17. B
18. D
19. B
20. B
21. A
22. B
23. D
24. A
25. C

1. A community health nurse has scheduled a hypertension clinic. This service would be an example of which type of health care?
 - A) Tertiary prevention
 - B) Secondary prevention
 - C) Primary prevention
 - D) Disease prevention
2. The nursing instructor is preparing her students for their home-care rotation. She discusses the patients that they are likely to care for in the home. Which of the following are the most frequent users of home care services?
 - A) Disabled patients
 - B) Chronically ill patients
 - C) Terminally ill patients
 - D) Elderly patients
3. Patients' lifestyles in the home may vary greatly from the nurse's own beliefs. To work successfully with the patient, what must the nurse do?
 - A) Ask for another assignment if there is a conflict of interest
 - B) Ask the patient to come to the agency to receive treatment

- C) Convey respect for the patient's beliefs
 - D) Adapt the patient's home to a hospital-like environment
4. Infection control is important in every setting where nursing care is provided. In the home setting, how will the nurse best implement infection control?
- A) Cleanse the hands before and after giving direct patient care
 - B) Remove the patient's wound dressings from the home
 - C) Dispose of patient's syringes in the patient's garbage
 - D) Disinfect all work areas in the patient's home
5. Your patient is ready to be discharged from the hospital. When should your patient's discharge planning begin?
- A) The day prior to discharge
 - B) The day of estimated discharge
 - C) The day the patient is admitted
 - D) Once the nurse determines care needs
6. During the initial visit to a patient's home, what information is it important to provide to the patient and family?
- A) Available community resources to meet their needs
 - B) Information on other patients in the area with similar health care needs
 - C) The nurse's home address and phone number
 - D) Dates and times of all scheduled home care visits
7. The home health nurse receives a referral from the hospital for a patient who needs a home visit. After reading the referral, what would be the first action the nurse should take?
- A) Identify community services to initiate for the patient
 - B) Obtain a physician's order for the visit
 - C) Call the patient to obtain permission to visit
 - D) Schedule a home health aide to visit the patient
8. Why is it important for the nurse to inform the health care agency of her daily schedule?
- A) Allows the agency to keep track for payment of the nurse
 - B) Supports suggested safety precautions for the nurse when making a home care visit
 - C) Allows easy accessibility of the nurse for changes in assignments
 - D) Allows the patient to cancel appointments with minimal inconvenience
9. There are specific guidelines and regulations for documentation related to home care that the nurse must consider and follow. For those patients with Medicaid, what is most important for the nurse to document to assure reimbursement for services?
- A) The medical diagnosis and supplies needed to care for the patient
 - B) Directions to the patient's home
 - C) Quality of nursing care needed

- D) The patient's homebound status and the need for skilled professional nursing care
10. Your patient has had a total knee replacement and will need to walk with crutches for 6 weeks. He is being discharged home with a referral for home health care. What will the home care nurse need to assess during her initial assessment?
- A) Assistance of neighbors
 - B) Previous health status
 - C) Costs of the visits
 - D) Home environment
11. A nurse who has an advanced degree in primary care for a pediatric population is employed in a health clinic. In what role is this nurse functioning?
- A) Nurse practitioner
 - B) Case coordinator
 - C) Clinical nurse specialist
 - D) Clinic supervisor
12. A nurse working in a large meat-packaging plant sees patients for work-related issues. What is the role of the nurse?
- A) Occupational health nurse
 - B) Staff nurse
 - C) Nurse clinician
 - D) Nurse educator
13. A school nurse is concerned about a fourth grade student with cystic fibrosis. The nurse is aware that children with health problems are at major risk for what?
- A) Sports injuries
 - B) Attention disorders
 - C) Experiencing school-related stress due to a desire to overachieve
 - D) Underachieving or failing in school
14. Which patients seek health care late in the course of their disease process and deteriorate more quickly than other patients?
- A) Homeless
 - B) Immigrants
 - C) Elderly
 - D) Adolescents
15. What changes in the health care system have created an increased need for nurses to practice in community-based settings? (Mark all that apply.)
- A) Tighter insurance regulations
 - B) Younger population
 - C) Increased rural population
 - D) Changes in federal legislation

- E) Decreasing hospital revenues
16. Nurses are now working in ambulatory health clinics, hospice settings, and homeless shelters and clinics. What has influenced this increase in practice settings for nurses?
- A) Population shift to more rural areas
 - B) Shift of health care delivery into the community
 - C) Advent of primary care clinics
 - D) Increased use of rehabilitation hospitals
17. What is the focus of community-based nursing?
- A) Community health
 - B) Maintaining and improving the health of the community
 - C) Promoting and maintaining the health of individuals and families
 - D) Family health
18. You are the community-based nurse who acts as case-manager for a small town about 60 miles from a major health care center. What is the most important factor of community-based nursing you should be knowledgeable about?
- A) Eligibility requirements for services
 - B) Community resources available to patients
 - C) Transportation costs to the medical center
 - D) Possible charges for any services provided
19. A new community-based nurse is looking for community resources for one of her clients. Where would be the best place to look?
- A) Hospital directories
 - B) Telephone book
 - C) Community directories
 - D) Church directories
20. You are a community-based care manager in a community that does not have a resource directory available. One of your goals is to compile such a directory. What would be important to include in this directory? (Mark all that apply.)
- A) Nearby medical facilities
 - B) List of social service workers in the community
 - C) Eligibility requirements for services
 - D) Commonly used resources
 - E) Costs of services
21. You are assessing a new patient and his home environment. What is a responsibility that you, as a community-based nurse, have at this initial visit?
- A) Encourage the patient and his family to use local stores to support their community.
 - B) Encourage the patient and his family to contact their church as a resource.
 - C) Encourage the patient and his family to use the Internet to find local resources.

- D) Encourage the patient and his family to contact appropriate community resources.
22. What type of health care is most likely to be available in both community and hospital-based settings?
- A) Dieticians
 - B) Ambulatory health care
 - C) Physical therapy
 - D) Hospice care
23. Every home health agency, based on the principle of due diligence, must inform its employees of what?
- A) At-risk working environments
 - B) OSHA requirements
 - C) Available training for personal safety
 - D) Policies and procedures about clinical safety
24. A home health nurse is making a visit to a new patient. During the visit, the patient's husband arrives home in an intoxicated condition. He speaks to both you and the patient in an abusive and threatening manner. What should you do?
- A) Ignore the husband and focus on the patient
 - B) Return to your agency and notify your supervisor
 - C) Call the police from your cell phone
 - D) Remove the patient from the home
25. You have been notified by your agency of a new patient in your community. The agency tells you that this patient resides in a high-crime area. What is the most important request you should make of the agency?
- A) A cell phone
 - B) Directions to the home
 - C) Someone to accompany you on the visit
 - D) Someone to wait in the car while you make your visit
26. What level of care do home health nurses often focus on?
- A) Preventative care
 - B) Primary prevention
 - C) Secondary prevention
 - D) Tertiary prevention
27. You are admitting two new patients to your home health care service. These patients live within two blocks of each other, and both homes are in a high-crime area. What is recommended for your personal safety?
- A) Drive a car that is hard to break into.
 - B) Keep your purse close to you at all times.
 - C) Don't leave anything in the car that might be stolen.