



1. A nurse is striving to practice patient-centered care at a hospital. Which action best exemplifies providing patient-centered care?
 - A) Having a client complete a self-reported functional status indicator and then reviewing it with the client
 - B) Explaining to a client the benefits of computer-assisted robotic surgical techniques, which the hospital recently implemented
 - C) Recording a client's signs and symptoms in an electronic health record
 - D) Performing continuous glucose monitoring of a client while the client is in the hospital
2. A nurse is caring for an older client who is struggling to manage her type 2 diabetes mellitus. The nurse should recognize which social determinants of this client's health? (Select all that apply.)
 - A) Household income of \$23,000 per year
 - B) Reading level of a third grader
 - C) Medication ineffective due to error in prescription
 - D) Originally from Sudan
 - E) No family in the area
3. A nurse successfully persuades an obese client to perform a weekly weigh-in at home using a digital scale and record the weight in a log. This strategy is an example of:
 - A) Telehealth
 - B) Health information technology
 - C) Personal responsibility for health
 - D) Evidence-based nursing
4. A nurse performs a variety of tasks as part of the nurse's position at a hospital. Which task best exemplifies public health?
 - A) Reading current nursing journals and integrating the latest research into daily practice
 - B) Instructing a client on how to best care for a suture site at home
 - C) Participating in a videoconference call with a client who lives in a remote area
 - D) Facilitating a community-wide smoking cessation program one month out of the year
5. Public health nursing is distinguished from other specialties by adherence to eight principles. Which is one of the eight domains of public health nursing practice?
 - A) Analytic assessment skills
 - B) Investigation of disease
 - C) Referral and follow-up
 - D) Case management

6. Public health nursing is distinguished from other specialties by adherence to eight principles. Which is one of the eight domains of public health nursing practice?
 - A) Policy development and individual planning skills
 - B) Individual dimensions of practice skills
 - C) Financial planning and management skills
 - D) Leadership and individual critical thinking skills

7. Public health nursing is distinguished from other specialties by adherence to eight principles. Which are domains of public health nursing practice? (Select all that apply.)
 - A) Intuitive assessment skills
 - B) Community organization skills
 - C) Communication skills
 - D) Cultural competency skills
 - E) Product marketing skills

8. Which was a duty performed by district nurses in Liverpool, England, in 1865?
 - A) Use epidemiologic knowledge and methods
 - B) Encourage community organization
 - C) Report facts to and ask questions of physicians
 - D) Assist physicians with surgery in the newly constructed hospitals

9. Which is a *Healthy People 2020* goal?
 - A) Decrease the incidence of preventable disease, disability, injury, and premature death
 - B) Reduce health inequity, decrease disparities, and improve the health of certain groups
 - C) Create social and physical environments that promote good health for all
 - D) Promote healthy development and healthy behaviors for the geriatric stage of life

10. A nurse is coordinating a plan to bring vaccinations in a cost-effective way to a rural community that currently lacks access to them. This is an example of which public health intervention?
 - A) Surveillance
 - B) Outreach
 - C) Screening
 - D) Case management

11. The nurse is locating populations in her region who are exposed to lead-based paint and providing them with information regarding the dangers of lead poisoning. This is an example of which public health intervention?
 - A) Surveillance
 - B) Outreach
 - C) Screening
 - D) Case management

12. Select the great public health achievements in the United States in the 20th century. (Select all that apply.)
- A) Elimination of common infectious diseases
 - B) Recognition of tobacco as a health hazard
 - C) Fluoridation of drinking water
 - D) Healthier mothers and babies
 - E) Decline in the percentage of obese and overweight people
13. Demographic characteristics indicate that people in developed countries are living longer, healthier lives, yet tremendous health and social disparities exist. Which describes social determinants of health?
- A) What society does collectively to ensure the conditions exist in which people can be healthy
 - B) Social conditions in which people live and work
 - C) Context of preventing disease and disability and promoting and protecting the health of the entire community
 - D) Comprehensive management of health information and its secure exchange between consumers, providers, government and quality entities, and insurers
14. Why is there an increasing use of home monitoring devices? (Select all that apply.)
- A) Rising number of people with acute conditions
 - B) Increased need to deliver healthcare to medically underserved populations
 - C) Advances in technology to assess clients' conditions in their home
 - D) Performing assessments in real time using Internet video systems
 - E) Decline in the number of older adults
15. Personal responsibility for health involves active participation in one's own health through education and lifestyle changes. Which exemplify personal responsibility? (Select all that apply.)
- A) Reviewing one's own medical records
 - B) Monitoring the positive and negative effects of prescription and over-the-counter medications
 - C) Avoiding tobacco and recreational drug use
 - D) Showing up for scheduled tests and procedures
 - E) Eating the types of foods one most enjoys
16. Why has there been an increase in the number of acute and chronically ill people residing in the community who need professional nursing care?
- A) Shorter length of stay in long-term care facilities
 - B) Increase in ambulatory surgery
 - C) Decrease in the use of outpatient clinics
 - D) Increase in length of stay in emergency departments

17. Which organization publishes and articulates the essentials of public health nursing, including the activities and accountabilities that are characteristics of practice at all levels and settings?
- A) Association of Community Health Nurse Educators (ACHNE)
 - B) American Nurses Association (ANA)
 - C) American Public Health Association (APHA)
 - D) Association of State and Territorial Directors of Nursing (ASTDN)
18. A high school graduate has decided to pursue a career in public health nursing. Which represents the minimum educational credential that this student will need to obtain entry into public health nursing practice?
- A) Associate's
 - B) Baccalaureate
 - C) Master's
 - D) Doctorate
19. Who prepared a report for the Massachusetts Sanitary Commission that pointed out that much of the ill health and disability in American cities in 1850 could be traced to unsanitary conditions?
- A) Clara Barton
 - B) Dorothea Dix
 - C) Lemuel Shattuck
 - D) Lillian Wald
20. Who achieved widespread recognition during the Civil War, distributing supplies to wounded soldiers and caring for the casualties with the help of a team of nurses?
- A) Clara Barton
 - B) Dorothea Dix
 - C) Lemuel Shattuck
 - D) Lillian Wald
21. Which core functions of the government address the health of its citizens? (Select all that apply.)
- A) Providing healthcare directly to its citizens
 - B) Assessing healthcare problems
 - C) Developing healthcare policy that provides access to services
 - D) Building state-of-the-art hospitals
 - E) Ensuring delivery of healthcare services and achievement of desired outcomes

Answer Key

1. A
2. A, B, D, E
3. C
4. D
5. A
6. C
7. C, D
8. C
9. C
10. D
11. B
12. B, C, D
13. B
14. B, C, D
15. A, B, C, D
16. B
17. B
18. B
19. C
20. A
21. B, C, E

1. Which characterizes physicians in France?
 - A) Physicians are evenly distributed between rural and urban areas
 - B) About 40% of physicians are women
 - C) Physician visits can take 15 to 30 minutes
 - D) Physicians see about 15 clients a day

2. A nurse is interested in exploring initiatives related to health, poverty, and development in Africa. Which organization would most likely be involved in such an initiative?
 - A) Bill and Melinda Gates Foundation
 - B) Living Proof Project
 - C) International Committee of the Red Cross
 - D) Oxfam International

3. Which best describes a nongovernmental organization?
 - A) Agency that is based in only one country but provides services to many other countries
 - B) Agency that acquires resources to help others from private rather than public sources
 - C) A group that collects data related to healthcare use across a variety of professional and service parameters
 - D) An organization that uses endowed funds or private fundraising to address the needs of individuals, families, and populations