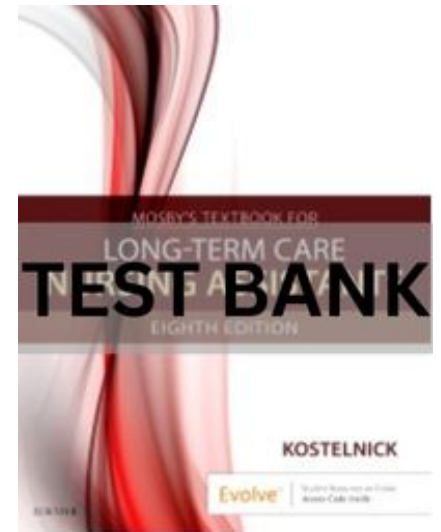


Chapter 01: The Nursing Assistant Working in Long-Term Care

Kostelnick: Mosby's Textbook for Long-Term Care Nursing Assistants, 8th Edition



MULTIPLE CHOICE

1. Not relying on or requiring care from others is:
 - a. deconditioning.
 - b. independence.
 - c. self-care.
 - d. hospice.

ANS: B PTS: 1 REF: 1

2. An acute illness is a(n):
 - a. sudden illness from which a person should recover.
 - b. ongoing illness for which there is no known cure.
 - c. illness that is slow or gradual in onset.
 - d. illness for which there is no reasonable expectation of recovery.

ANS: A PTS: 1 REF: 1

3. An ongoing illness that is slow or gradual in onset and for which there is no known cure is a(n) _____ illness.
 - a. acute
 - b. chronic
 - c. terminal
 - d. physical

ANS: B PTS: 1 REF: 1

4. A nursing task is:
 - a. a nursing care pattern focusing on jobs.
 - b. a nursing care pattern in which an RN is responsible for the person's total care.
 - c. care or a function that can be delegated to nursing assistants.
 - d. a service that is moved from departments to the bedside.

ANS: C PTS: 1 REF: 2

5. The duty or obligation to perform some act or function is known as:

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- a. accountability.
- b. responsibility.
- c. delegation.
- d. patient-focused care.

ANS: B PTS: 1 REF: 2

6. Persons living in long-term care centers are called:
- a. patients.
 - b. tenants.
 - c. residents.
 - d. individuals.

ANS: C PTS: 1 REF: 2

7. Persons receiving care on assisted living units are called:
- a. tenants.
 - b. clients or customers.
 - c. patients.
 - d. residents.

ANS: A PTS: 1 REF: 2

8. Who is responsible for the entire nursing staff in a nursing center organization?
- a. Nurse manager
 - b. Charge nurse
 - c. Staff nurse
 - d. Director of nursing

ANS: D PTS: 1 REF: 4

9. An assisted living facility:
- a. provides 2 to 3 meals a day and housekeeping and laundry services.
 - b. is for persons with terminal illnesses.
 - c. provides complex ongoing rehabilitation.
 - d. is for persons with chronic mental illness.

ANS: A PTS: 1 REF: 2

10. Which of the following individuals give basic nursing care under the supervision of a licensed nurse?
- a. Nurse practitioners
 - b. Social workers
 - c. Nursing assistants
 - d. Clinical laboratory technologists

ANS: C PTS: 1 REF: 5

11. By law, nursing centers must have a medical director, known as which member of the health care team?
- a. Doctor
 - b. Director of nursing
 - c. Charge nurse
 - d. Hospital administrator

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ANS: A PTS: 1 REF: 4

12. Which health team members assess, make nursing diagnoses, plan, implement, and evaluate nursing care?
- Physicians
 - RNs
 - LPNs
 - Nursing assistants

ANS: B PTS: 1 REF: 4

13. You are part of the:
- health team and the nursing team.
 - board of trustees.
 - case management team.
 - prospective payment system.

ANS: A PTS: 1 REF: 4

14. LPNs/LVNs are supervised by licensed:
- physicians, dentists, and RNs
 - physical therapists and occupational therapists
 - agency administrators
 - social workers, pharmacists, and RNs

ANS: A PTS: 1 REF: 5

15. Which health team member is responsible for diagnosing and treating diseases and injuries?
- Physician
 - Nurse practitioner
 - RN
 - Physician's assistant

ANS: A PTS: 1 REF: 6

16. Which health team member assesses and plans for the nutritional needs of residents?
- RN
 - Dietitian
 - Pharmacist
 - Physician

ANS: B PTS: 1 REF: 5

17. Which health team member helps residents and families with social, emotional, and environmental issues affecting illness and recovery?
- Speech-language pathologist
 - Podiatrist
 - Activities director
 - Social worker

ANS: D PTS: 1 REF: 6

18. A hospice is a:

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- a. skilled nursing facility.
- b. home health care agency.
- c. health care program for persons who present dangers to themselves or others.
- d. health care agency or program for persons who are terminally ill.

ANS: D PTS: 1 REF: 1

19. A federal health insurance program for persons 65 years of age and older, or for younger people with certain disabilities is:
- a. private insurance.
 - b. group insurance.
 - c. an HMO.
 - d. Medicare.

ANS: D PTS: 1 REF: 1

20. Medicaid is a:
- a. preferred provider organization.
 - b. private insurance plan purchased by individuals.
 - c. federal health insurance program for persons with disabilities.
 - d. health care payment program sponsored by the federal government and operated by the states.

ANS: D PTS: 1 REF: 1

21. The overall goal of the interdisciplinary team is to:
- a. provide quality resident care.
 - b. carry out the physician's orders.
 - c. develop care plans for residents.
 - d. follow center policies and procedures.

ANS: A PTS: 1 REF: 5

22. What must a nursing center have to operate and provide care?
- a. A certificate
 - b. Accreditation
 - c. Policies and procedures
 - d. A license

ANS: D PTS: 1 REF: 7

23. Accreditation for nursing centers is:
- a. a voluntary process that signals quality and excellence.
 - b. required to receive Medicare and Medicaid funds.
 - c. a federal requirement for a nursing center to operate.
 - d. a process required by preferred providers.

ANS: A PTS: 1 REF: 7

24. You have an important role in meeting standards and in the survey process. You must do which of the following?
- a. Avoid speaking with the surveyors.
 - b. Interview residents and families.
 - c. Defer any questions asked to the charge nurse.

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d. Follow center policies and procedures.

ANS: D PTS: 1 REF: 8

25. Surveys are done to see if the center meets set standards. Your role in the survey process involves which of the following?

- a. Having good work ethics
- b. Making sure all staff meet state requirements
- c. Deciding if the center meets the standards
- d. Reviewing the nursing department budget

ANS: A PTS: 1 REF: 7

26. Who of the following could act as the case manager in the long-term care setting?

- a. Registered nurse
- b. Nursing assistant
- c. Occupational therapy assistant
- d. Medical physician

ANS: A PTS: 1 REF: 5

27. What protects the public from persons practicing nursing without a license?

- a. OBRA
- b. The Older Americans Act
- c. A state's nurse practice act
- d. Criminal law

ANS: C PTS: 1 REF: 5

28. How many hours of instruction for nursing assistant training does OBRA require?

- a. At least 16
- b. At least 32
- c. At least 48
- d. At least 75

ANS: D PTS: 1 REF: 8

29. OBRA requires training and a competency evaluation for nursing assistants working in:

- a. day cares.
- b. nursing centers.
- c. hospices.
- d. doctors' offices.

ANS: B PTS: 1 REF: 9

30. The competency evaluation required by OBRA involves a:

- a. written test only.
- b. skills test only.
- c. written test and a skills test.
- d. licensing examination.

ANS: C PTS: 1 REF: 10

31. How many testing attempts does OBRA allow?

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- a. 1
- b. At least 2
- c. At least 3
- d. At least 4

ANS: C PTS: 1 REF: 10

32. The nursing assistant registry includes information about:
- a. prior elementary education.
 - b. children.
 - c. marriages.
 - d. findings of abuse, neglect, or dishonest use of property.

ANS: D PTS: 1 REF: 10

33. OBRA requires retraining and/or a new competency evaluation for persons who:
- a. have not worked as a nursing assistant for 24 months.
 - b. were found guilty of abuse or neglect.
 - c. were convicted of a crime.
 - d. did not have good performance evaluations.

ANS: A PTS: 1 REF: 10

34. As a nursing assistant, you should:
- a. report changes in the person's condition to the nurse.
 - b. give drugs and insert tubes into body openings.
 - c. take verbal or telephone orders from doctors.
 - d. discuss the person's diagnosis with the family.

ANS: A PTS: 1 REF: 10

35. A nurse asks you to perform a task that is beyond the legal limits of your role. You should:
- a. perform the task so that you do not lose your job.
 - b. politely refuse and explain why.
 - c. ignore the request.
 - d. think about it for a few days.

ANS: B PTS: 1 REF: 11

36. Which of the following indicates what your employer expects you to do?
- a. Your job description
 - b. The state nurse practice act
 - c. OBRA
 - d. Code of ethics

ANS: A PTS: 1 REF: 12

37. A nurse can delegate:
- a. responsibilities.
 - b. accountability.
 - c. the Five Rights of Delegation.
 - d. tasks.

ANS: D PTS: 1 REF: 12

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38. Which nursing team members cannot delegate?

- a. RNs
- b. LPNs
- c. LVNs
- d. Nursing assistants

ANS: D PTS: 1 REF: 12

39. Before a nurse delegates a task to you, the nurse must know which of the following?

- a. If the task fits into your schedule for the day.
- b. If you are willing to perform the task.
- c. What kind of degree the nurse has?
- d. What tasks your state allows nursing assistants to perform?

ANS: D PTS: 1 REF: 12

40. Certification of the nursing assistant is maintained at the _____ level.

- a. local
- b. state
- c. federal
- d. community

ANS: B PTS: 1 REF: 15

41. The duty or obligation to perform some act or function is:

- a. accountability.
- b. responsibility.
- c. defamation.
- d. malpractice.

ANS: B PTS: 1 REF: 9

42. Does a nurse have to delegate a task to you?

- a. Yes, if the task is in your job description.
- b. Yes, if the nurse teaches you how to perform the task.
- c. No. The nurse makes delegation decisions that are best for the person.
- d. No. The nurse performs the task unless he or she is busy.

ANS: C PTS: 1 REF: 12

43. The Five Rights of Delegation involve the:

- a. right task, the right circumstances, the right person, the right directions and communication, and the right supervision.
- b. right law, the right job description, the right policies and procedures, and the right supervision.
- c. right task, the right job description, the right person, the right training, and the right supervision.
- d. right job description, the right task, the right person, the right directions and communication, and the right supervision.

ANS: A PTS: 1 REF: 15

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44. A nurse asks you to do a urinary catheterization. This involves sterile technique and inserting a tube into the person's bladder. The nurse gives you very clear instructions. What should you do?
- Perform the task. The nurse's directions were clear.
 - Perform the task if the nurse is available to answer questions.
 - Refuse the task. It is beyond the legal limits of your role.
 - Perform the task if another nursing assistant can help you.

ANS: C PTS: 1 REF: 15

45. You can refuse to do a delegated task if:
- you are too busy.
 - you do not like the task.
 - it is the end of your shift and you are ready to go home.
 - the task is not in your job description.

ANS: D PTS: 1 REF: 16

TRUE/FALSE

1. Case managers are allowed to communicate with insurance companies.

ANS: T PTS: 1 REF: 16

Chapter 02: Resident Rights, Ethics, and Laws

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MULTIPLE CHOICE

1. Which requires nursing assistant training and competency evaluation?
- Medicare and Medicaid
 - Health maintenance organizations
 - Omnibus Budget Reconciliation Act of 1987
 - The Older Americans Act

ANS: C PTS: 1 REF: 19

2. Courteous and dignified resident care includes which of the following?
- Showering the person with no more than 3 other persons
 - Choosing the doctor for the client
 - Making sure that the person is neat and clean
 - Inspecting the person's drawers and closets

ANS: C PTS: 1 REF: 22

3. Henry Parks is a nursing center resident. Which is the proper way to address him?
- Mr. Parks
 - Henry
 - Grandpa
 - Sweetie

ANS: A PTS: 1 REF: 22

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4. Before entering a person's room, you should:
- get the person's attention.
 - knock on the door and wait to be asked in.
 - check to see if the person has visitors.
 - check to see if the person is in the bathroom.

ANS: B PTS: 1 REF: 22

5. You are going to give a resident a bath. Which will protect the person's privacy?
- Opening window shades so that the person can see outside
 - Opening the door to the person's room so that you can hear if you are needed
 - Closing the privacy curtain
 - Asking the person to cover their chest with their hands

ANS: C PTS: 1 REF: 22

6. A long-term care ombudsman:
- is an RN.
 - promotes the resident's needs and interests.
 - is employed by the nursing center.
 - makes care decisions for the resident.

ANS: B PTS: 1 REF: 23

7. An ombudsman does which of the following?
- Provides resident care.
 - Protects visitor's health and safety.
 - Protects nursing staff rights.
 - Investigates resident complaints.

ANS: D PTS: 1 REF: 23

8. The Omnibus Budget Reconciliation Act of 1987 is a:
- state law.
 - nurse practice act.
 - federal law.
 - criminal law.

ANS: C PTS: 1 REF: 23

9. Protecting the right to privacy involves which of the following?
- Keeping information about the person written on the board on the wall
 - Allowing visitors to remain in the room when care is given
 - Exposing only the body part involved in the treatment procedure
 - Asking the roommate to look the other way when providing care

ANS: C PTS: 1 REF: 26

10. An example of a resident's right is the right to:
- a job.
 - information.
 - select their roommate.
 - elope.

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ANS: B PTS: 1 REF: 21

11. The willful infliction or harm of another person is:
- assault.
 - defamation.
 - battery.
 - abuse.

ANS: D PTS: 1 REF: 21

12. Touching a person without that person's consent is:
- assault.
 - battery.
 - invasion of privacy.
 - libel.

ANS: B PTS: 1 REF: 19

13. Threatening to touch a person's body without that person's consent is:
- assault.
 - battery.
 - invasion of privacy.
 - defamation.

ANS: A PTS: 1 REF: 19

14. Knowledge of right conduct and wrong conduct is:
- ethics.
 - torts.
 - civil law.
 - public law.

ANS: A PTS: 1 REF: 19

15. You give wrong information on a job application. This is:
- libel.
 - slander.
 - defamation.
 - fraud.

ANS: D PTS: 1 REF: 21

16. Negligence by a professional person is:
- malpractice.
 - libel.
 - defamation.
 - slander.

ANS: A PTS: 1 REF: 27

17. While performing a task, a nursing assistant harmed a person. Which is correct?
- The nursing assistant will be terminated.
 - The nursing assistant is not responsible for the harm. The supervising nurse is responsible.